Coolamon Central School

Newsletter



WEEK 3 TERM 1 2023

BE RESPONSIBLE

BE RESPECTFUL

BE READY TO LEARN

TERM ONE

FEBRUARY

16-17 Kinder Best Start

17 Primary Assembly in Hall @ 2.10pm

20-23 Year 7 Best Start

23 CHS Zone @ Barellan

24 Secondary Assembly

Yrs 7&10 Vaccinations

PSSA Zone @ Barellan

28 Years 7-12 Parent Teacher Night

MARCH

2 Science & Engineering Challenge Day

3 PSSA AFL Trials @ Temora

Primary Assembly in Hall @ 2.10pm

Clean Up Australia Day K-6

6 Riverina Primary Swimming

7 Riverina Secondary Swimming

9 Stage 3 Debating Gala
Day @ Sturt Public

10 Secondary Assembly

14 K-6 Parent TeacherNight

from the Principal

Welcome to the 2023 school year.

The year has started with a real flurry. We have had a large number of new enrolments across all year groups and it is great to see these students settling into routines and feeling at home in the Coolamon Central School environment.



2023 has seen a significant change in staff and some of the staffing roles. I will list the major additions and changes but will include a whole staff list in the next newsletter.

New staff

Mr Peter Mulholland (Music)
Mr Justin Buckley (Sci/TAS)
Mr Dermot Collins (Eng/HSIE)
Ms Emilee Hyland (Student Support Officer)
Mrs Sophie Mason (School Counsellor)
Mrs Gemma Walker (PDHPE)
Ms Jessica Knight (Careers/HSIE)

Changing roles across the School for 2023

Principal: Mr Ireland Deputy Principal: Mr Atkins

HT Eng/HSIE: Mrs Vogt and Mrs Corbett Assistant Principals: Mrs White and Ms Barker Assistant Principal Curriculum: Mrs Sparkes-Carroll

Our swimming carnival was held on Thursday the 2nd February and it was great to see students participating and enjoying the event. Congratulations to the many students who achieved well enough to possibly move to the next carnival to represent CCS, but congratulations must go to the entire student and staff body for their willingness to "have a go" and support the event and the spirit of fun. The house colours and cheering in support of the houses was the best that I have seen at CCS. A massive thanks to Mrs Maddox and Mrs Barker for their organisation, but to the entire staff for helping out in so many ways.

A new initiative Coolamon Central will undertake in 2023 is **"The Resilience Project**". This is an evidence-based project to explore wellbeing strategies to build resilience. All classes K-6 will engage in aspects of the project weekly.

(continued over page)

from the Principal ...continued

Yr 7-12 will work in Year groups weekly to participate in the project. Staff are currently undertaking some training and planning ready to get the project started. The project also has aspects to engage parents and carers to support the learning that is happening at school.

We will communicate options when we have everything up and running. If you wish to have a look at the project the link to the website is below:

https://theresilienceproject.com.au/

"We are grateful and proud to have delivered wellbeing programs to over 1500 schools and early learning centres across Australia. Our schools program has been designed by teachers for teachers, and has been evaluated by the University of Melbourne.

Through presentations, student curriculum, teacher resources and digital content, The Resilience Project's Education Programs support mental health in the classroom, staffroom and family home. The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude**, **Empathy** and **Mindfulness** (GEM), with **Emotional Literacy** being a foundational skill to practise these strategies."

Lastly, can I remind you about the need to be aware of Covid 19 requirements regarding schools and sending your child to school. Unfortunately, in the last few weeks we have had many staff sick with Covid and it now seems to be circulating in the student population. If your child is unwell, please do not send them to school, test for Covid and notify the school if the result is positive. They may return to school when symptom free and are asked to wear a mask on return. Please contact the school if you need more RAT kits in your household.









The NSW Premier's Reading Challenge (PRC) for 2023 will commence on Monday 27th February. The Challenge aims to encourage a love of reading in students and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

The PRC is open to all NSW students from Kindergarten to Year 9, and does not close until Friday 18th August.

Entering the PRC is simple. Just go to the Premier's Reading Challenge website and register your name. Each time you finish a book, log it on the online entry form - the school does the rest. Details about how many books you need to read are in the table below:

Challenge	Number of books you must read	Minimum number of PRC books	Maximum number of Personal Choice books	PRC booklists you can read from
K-2	30	20	10	K-2, 3-4, 5-6, 7-9
3-4	20	10	10	3-4, 5-6, 7-9
5-6	20	10	10	5-6, 7-9
7-9	20	10	10	5-6, 7-9
3-9	20	10	10	All booklists

Students from Kindergarten to Year 2 can either read the books on their own, read them with someone or have someone read them to you. The library is full of PRC books - come on in and start reading - Mrs White is waiting to help you get started.





Book Club



Last day to order from Book Club's first issue is next Friday, 17th February by 12pm.

P&C News

A great turn out for the first P and C meeting for 2023.

Welcome to our new members.

Some diary dates for major fundraisers:

25th March – P & C Election BBQ

19th and 20th August – Up to Date Art Show

Next meeting: 7 p.m. Wed 15th March 2023

Coolamon Sport and Rec Club

Coolamon Chinese will be open so if anyone is interested in joining for dinner from 6 p.m., please RSVP by Wed 8th March to coolamonpandc@gmail.com

Ancient History



Year 11 Ancient History students have been doing some hands on learning as they explore an 'archaeological site' in the sandpit. They learnt that early archaeology was focused on hunting for treasure and a lot of artefacts and information was destroyed with rushed, careless excavation.

Whelcome to Kindergarten



We welcomed 25 happy new students into our Kindergarten this year, we look forward to seeing them grow and learn over the coming years.

Lexi's French Adventure

Year 10 student, Lexi Lamb, first started dreaming about travelling to France when she was 8 years old. She chose Student Exchange Australia New Zealand for her experience and decided 2023 was the year for her.

She departed Sydney on 19th January and after 31 hours of travel she arrived in Reims France. Reims is about the size of Newcastle and is 129kms northeast of Paris. It is located within the Champagne region of France. She is living with a family of five in the middle of the city.

Lexi is attending Lycee Saint-Jean XXII which is a 15 minute walk from her home. She is enjoying school and despite the language barrier, has made a lot of new friends.

Lexi will be staying in France until the end of June.





Congratulations to Lachlan for his selection in the CHS state cricket side to compete at Barooga at the end of February.



Dear Parents,

RE: Upcoming webinar for parents - How to Help Get (& Keep!) Your Child Motivated

We're excited to announce that on the 15th February Elevate Education will be hosting its first free webinar of the year for parents.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Wednesday 15th February How to Help Get (& Keep!) Your Child Motivated

Here's what Elevate will be covering on the night:
$\hfill\square$ What impact does praise and reassurance have on your child's motivation?
☐ What are the best types of goals to be setting with your child?
☐ How can you help your child create meaningful and lasting motivation? We hope to see you there! https://get.elevatecoaching.info/au/schoolwebinar - to register

Riverina Team Trials

Please see Mrs Maddox if you would like to trial for a Riverina team in any of the following sports:

Tennis Championship Tuesday 28th February

Boys Basketball Wednesday 15th February

Girls Basketball Monday 27th February

Girls Soccer Tuesday 28th February

U15 Boys Rugby League Thursday 9th March

Rugby Union Boys Monday 13th March

Girls AFL Tuesday 14th March

Boys AFL Friday 17th March

Boys Soccer Monday 20th March

Open Girls 7s Rugby Union Monday 20th March

Secondary Golf Stroke Play Tuesday 21st March

Open Boys Rugby League Wednesday 22nd March

Boys Hockey Wednesday 22nd March

Open Girls Netball Thursday 23rd March

Water Polo Friday 24th March

Girls Hockey Friday 31st March

Students must be able to make their own way to the trials.

While we encourage participation in all sports, Riverina trials have a selection criteria whereby schools can only send students who are considered to be of a representative standard. All individuals must be approved by the school, which means we will not send anyone who has shown they are not capable of following or applying the school values.







| NSW Department of Education School Sport Unit

NSW Australian Football Primary All Schools Girls 12 Years & Under Selection Trial

Term 1, Weeks 7 and 8

Registrations for this event close 5:00pm Thursday 2 March 2023.

Cost

\$10.00 per student

Who

This trial is **only for primary school girls 12 years and under**. Girls can be 12, however must not be turning 13 in 2023. Girls enrolled in secondary school are ineligible to trial.

Registration

To apply for the Primary All Schools Selection Trial in your area, complete the relevant online registration form on DASH (NSW Government schools, NSW Catholic schools, NSW Combined Independent schools) and payment by the closing date, Thursday 2 March 2023.

All girls who trial must be available, if selected, for the School Sport Australia Championships in Lavington, New South Wales from 5 to 11 August 2023.

How to enter:

To apply for the Primary All Schools Selection Trial in your area, you must complete the online registration and payment by the closing date, Thursday 2 March 2023.

Further information is available from the School Sport Unit website by clicking on the link for each trial.

https://app.education.nsw.gov.au/sport/

When and Where

Monday 6 March 2023

Metro East - Mission Fields, Centennial Park

Tuesday 7 March 2023

<u>Southern Inland</u> - Bolton Park, Wagga Wagga <u>Metro West</u> - Greenway Park, Hoxton Park

Thursday 9 March 2023

<u>Mid North Coast & Inland</u> - McKeachies Sportsground, Aberglasslyn <u>Northern Coastal & Inland</u> - Wiigulga Sports Complex, Woolgoolga

Friday 17 March 2023

South Coast - Goodhew Park, Goulburn

Monday 15 and Tuesday 16 May 2023

<u>All Schools State Selection</u> - Hanging Rock Sports Complex, Batemans Bay



NAPLAN

National Assessment Program - Literacy and Numeracy Information for parents and carers

WEDNESDAY 15TH MARCH - MONDAY 27TH MARCH 2023

- All students in Years 3, 5, 7 and 9 in Australia do NAPLAN tests in March each year.
- NAPLAN tests students' skills in reading, writing and maths.
- The test questions are presented in Standard Australian English dialect.
- Students read some of the questions and listen to others with headphones.
- The tests will get easier or harder, depending on how students are going in the test.
- Students do four different tests. The names of the four tests are:



- Students in Year 3 will do the Writing test using pencil and paper. Year 3 students will answer the other test questions on the computer.
- Students in Years 5, 7 and 9 will answer all their test questions on computers.
- Teachers will help students get ready for NAPLAN tests.
- Schools will get their students' results. The school will then give parents/carers a report showing their own child's results.
- Parents/carers can talk to the teacher about these results.
- NAPLAN shows how students are going all over Australia. People who work in the Australian Government, state and territory education authorities and schools use NAPLAN results. The results let them see which schools are doing well and which schools might need help.

Talk to your teacher if you have any questions about your child doing the tests.

For more information on NAPLAN, visit nap.edu.au.







Storytime 2023

Storytime will be held this Friday 17th February @ 10.30am theme "Counting 1,2,3,4,5". Come along and join in the fun.

Service NSW Information Talk

Come and join us here at the Library for an information talk Tuesday, 28th February @ 10.30am. Find out more on the different rebates available, applying for a Senior Travel card, vouchers and utilities made available by Service NSW. Morning tea will be provided, book by phoning the Library 69272492.

Baby Bounce

Baby Bounce will re-commence on Wednesday, 22nd February @ 10.30am. Baby Bounce is a 30 minute early literacy program designed to help very young children to explore language. This is done by everyone joining in and learning an array of simple stories, rhymes and songs. We welcome new mums and their bubs to join us.

Author Talk

The Library is hosting a free author talk – we welcome JS Davison. Jan Davison is a young mother of two who writes fantasy and romance. Come along and meet this inspiring young author. It will be held on Thursday, 23rd February @ 10.00 – phone the Library for further details, 69272492.

Re-Visit the Library

The Library is continuously receiving new books, DVD's, and magazines, come and re-visit the Library - Join the Library today - membership is FREE.

Also the Library has plenty of services and facilities to offer to the community. It provides free Public Internet Access & Wifi, photocopying, Service NSW kiosk, Community Recycling Station and laminating services. Also a community noticeboard, children and youth services, council school holiday programs and

Local History services. It also provides housebound services to our members – further enquiries phone the Library - 69272492.

Library Opening Hours

- Monday Friday 8.30am 5.00pm.
- Saturday morning 9.00am 12.00pm

The Coolamon Library is on Facebook! News, pictures, events and opportunities are regularly uploaded – join us now!





President: Lisa Piltz

Vice President: Savannah Small

Treasurer: Bec Forster

Secretary: Valerie McKelvie

Email:

coolamonpandc@gmail.com

Meetings held Wednesdays in Week 3 and 8

Breaky Central and our School Newsletter Proudly Sponsored by....





FOODWORKS

St Andrew's Anglican Church, Coolamon



The Uniting Church





Turtle & Mel Walker

Your local Milkman



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Email: <u>coolamon-</u> c.school@det.nsw.edu.au

Website: http://www.coolamonc.schools.nsw.gov.au

Student and Parent Portal: coolamoncs.sentral.com.au

Principal:

Mr Kingsley Ireland

(Relieving)

Deputy Principal:

Mr Jeremy Atkins (Relieving)





To keep yourself up to date on all the great things happening in our school community, please like and share our Facebook page at 'Coolamon Central School' or visit our website at www.coolamon-c.school.nsw.edu.au

