



Coolamon Central School Newsletter

WEEK 2 TERM 4 2018

BE RESPONSIBLE

BE RESPECTFUL

BE READY TO LEARN

TERM FOUR

OCTOBER

- 22-24 Invictus Games @ Sydney
- 22-23 Healthy Harold
- 26 Primary Assembly @ 2.10pm featuring Ruby in Hall
- 30-31 Stage 2 Excursion Borambola
- 31 Stage 3 Excursion Canberra return 2 November

NOVEMBER

- 2 K-Year 2 Excursion @ Wagga
- 9 Remembrance Day @ 10.45am
Primary Assembly @ 2.10pm featuring Emerald in Hall
- 13 Year 12 Formal @ Ganmain Hall 6pm
- 14 Kindergarten 2019 Orientation morning
- 15 Year 3-12 Bully Zero workshops
- 21 Kindergarten 2019 Orientation morning
- 26 Year 2-6 CommBank Finance
- 29 Year 6 Graduation Dinner @ Coolamon Sport & Rec Club @ 5.30pm

DECEMBER

- 3-14 K-6 Swim School & PE swimming

FROM THE PRINCIPAL

On behalf of the whole staff I would like to wish all the best to our Year 12 students who are currently sitting their HSC.

Congratulations to all students that have been selected to travel to Sydney to the Invictus games with Mr Celi and Mrs Corbett. This will be an experience that I am sure our students will never forget. Students will also be the guests of our Local Member, the Honourable Ms Steph Cooke, during a visit to NSW Parliament House.



Our Stage 5 students have started a NSW Department of Education program, Youth Aware of Mental Health (YAM), which will be continued throughout the term. The students have found it to be very interesting and informative. Our primary students are enjoying their annual visit from the Healthy Harold Van.

I would like to thank the P&C and the Student Representative Council for their generous donations which have allowed the school to purchase two chilled water bubblers. These have arrived at school and will be installed in the near future.

I will be on medical leave recovering from knee surgery from October 29th until the end of the year. Mr Ireland will be the Relieving Principal and Mr Lyons will be relieving as Deputy Principal.

John Beer
Principal

SCHOOL CONTRIBUTIONS AND ELECTIVE FEES ARE NOW OVERDUE

While the course fee for your child's scholastic year is voluntary, elective fees are **compulsory** and are used to buy consumables for these subjects. If you are experiencing difficulty paying your elective fees please contact the school.

Payment options include cash, cheque or Eftpos via the front office or via the \$ Make a Payment tab on the school website. Please pay your contributions **as soon as possible** to allow the school to continue with important educational programs in 2018.



PROJECT ROKIT

At the end of Term 3 we hosted Project Rokit who conducted a number of workshops on bullying. Rather than dealing with labels of 'bullies' and 'victims,' the Project Rokit approach places an emphasis on the role that *all* of us can play in challenging bullying and prejudice instead of standing by and watching.

The workshop was set up around highly energetic and interactive challenges that enable students to safely and anonymously reflect on past behaviour and empathise with those with different experiences. The presenters then encouraged everyone to wipe the slate and posed a call-to-action to be 'part of the solution' to bullying in the future, exploring safe and socially credible strategies for challenging bullying - from strategies for students who are risk-averse right through to strategies for those who are out there and willing to give anything a go. There is something for everyone.

The workshop also addressed (cyber) bullying through a strengths-based framework of empathy, respect and the sense of community that young people crave online. The workshop navigates the risks rewards of challenging (cyber) bullying and presents a range of in-touch, realistic strategies for students to tackle online hate.

This was a fantastic production which was fully funded by Telstra!

Wellbeing Team



Book Club



ISSUE 7 ORDERS DUE 2ND NOVEMBER 2018

When ordering through book club, please ensure that you include your full name and class. If payment is to be made by cheque, please make it payable to the school.

On Monday 22nd October, Mrs Corbett, myself and 22 students boarded a train and headed to Sydney to watch the 2018 Invictus Games. This is a fantastic opportunity for our students as this is a rare event to be held in Australia. The school received significant support from the Department of Education and I am sure students will have an incredible time. We look forward to sharing our experience and attending State parliament for question time with our local member Steph Cooke on Wednesday.

Mr Celi



Our school recognises the need to protect student's skin and educate them about sun safety to reduce the risk of skin cancer. That is why it is important for all students to remember their hats for all outside play, including sport and PE.

The school hat is part of our school uniform and is a sun safe design.

Congratulations

Congratulations to Mr & Mrs Besgrove, who welcomed their son Hugo Paul into the world on Thursday 4th October.

Photo courtesy of Stacey Taylor Photography





Congratulations



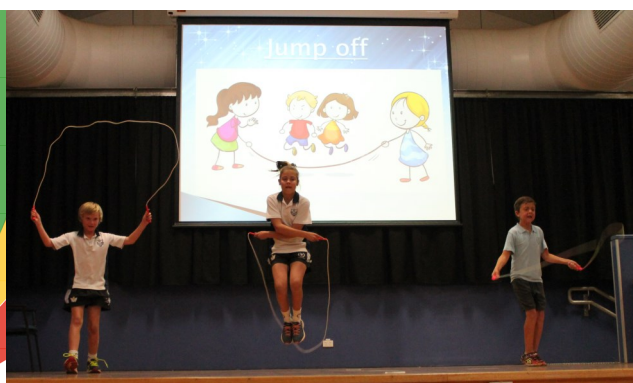
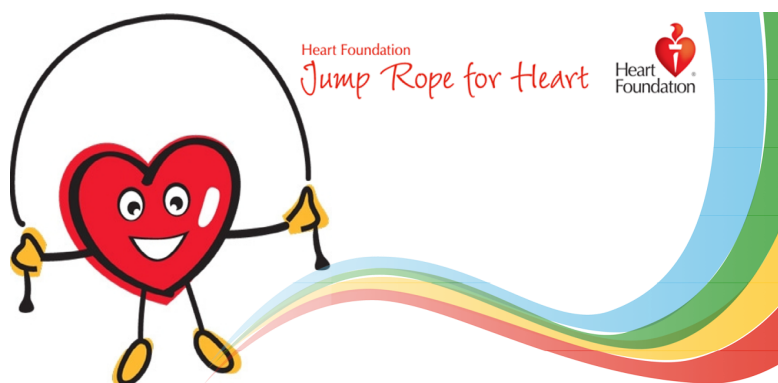
Congratulations to the new Mrs Glasgow.

On Saturday 13th October Miss Kew married Mr Glasgow in a beautiful outdoor ceremony.

Her students are enjoying calling her by her new name.

P&C

The P&C meeting that was due to be held this Wednesday 24th October, has been cancelled.





We have recently heard the exciting news that one of our former students and former school captain Daniel Fox, has been recognised for his outstanding achievements in farming innovation.

It is truly remarkable what our students can achieve. Congratulations to Daniel and his family!

2019 School Captains

Congratulations to Chloe Griffith, Madison Marshall and Jacob Neale who have been elected as our school captains for 2019. They look forward to working with and for the student body to continue to make the school a welcoming and friendly learning environment.



The 'Buy a Bale' fundraiser for farmers was held on Thursday 27th September.

The students were invited to dress like a farmer for a gold coin donation. All money raised not only helps our farmers but also their communities and so many more people.

Thank you on behalf of our farmers for your support.



Primary Talent Quest

Last Term, 26th September, over 40 students participated in the 2018 CCS Primary Talent Quest. From dancing and singing to magic tricks and musical instruments, students dazzled our three judges Mr Beer, Miss Taylor and Miss Barker with their amazing talents. A big thank you again to the judges. It was a tough decision for the judges to choose the winners, but here they are:

First place: Amy Carmichael (Cello)

Second place:

- Aaron deHann [Magic]
- Lexi Lamb [Singing] and Molly Law [Finger tutting]
- **Ricky-Lea Campbel** [Singing]

Third place:

- Georgia Watkin and Pippa Clarkson [Gymnastics]
- James Hunt [Jokes and dancing]
- Tamar [Drums]



Congratulations to all participants for their amazing effort on stage and for their positive behaviour off stage. I was incredibly impressed with the high level of talent that students displayed. A big thank you to all the staff for their support and assistance, to the SRC for their delicious baked goods, to Joshua Cork and Thomas Riley for manning the sound booth and to Abigail Crocker and Ella Menzies for all their assistance side stage and in the lead up to the event. I would also like to give a shout out to everyone who came to watch and support this event.

Thanks again and congratulations!
Miss Guymer



Important information for parents/carers

WELLBEING TEAM CHANGES

With the safe arrival of Mr and Mrs Besgrove's baby boy we have seen some changes to the Wellbeing team whilst Mrs Besgrove is on maternity leave.

Mrs Vogt will be taking on the role of Year 9 Advisor and Mrs Corbett will take on the Girls Advisor role.

In acknowledging this change, I would like to welcome any new families to CCS and introduce/remind parents and caregivers of who your child's year advisor is.

Transition Year 7 2019: Mr Hewson

Year 7: Ms Batcheldor

Year 8: Mr Besgrove

Year 9: Mrs Vogt

Year 10: Mr Celi

Year 11: Mrs Crocker

Year 12: Mrs McDonald

Boys Advisor: Mr Schulz

Girls Advisor: Mrs Corbett

Wellbeing Team



The first week of YAM started last week! Youth Aware of Mental Health (YAM) is an evidence based program for 14 – 16 year olds promoting increased knowledge about mental health. Mental health is inseparable from physical health and both are intrinsically linked to human rights. Poor mental health can affect the wider health and development of children and adolescents.

The next session is this week with the last session to be held next Wednesday.

Wellbeing Team



Tell Them from Me – Student Survey

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours this week.

Mr Beer
Principal

Dear Year 8 Parent or Carer

The *Validation of Assessment for Learning & Individual Development* (VALID) test for Year 8 students will be held between **Monday 29 October** and **Friday 9 November 2018**. The test takes approximately 70 minutes. The **VALID Science 8** test is an interactive, multimedia test completed entirely on a computer.

VALID Science 8 contains multiple choice, short response and extended response tasks that are grouped around real-world issues, including scientific investigations. This is a diagnostic test, with tasks framed on Stage 4 outcomes and essential content in the *NSW Science Years K-10 Syllabus*. Students will be tested on their:

knowledge and understanding of science

understanding and skills in the process of scientific investigation

ability to evaluate evidence, make judgements and think critically

ability to access information and communicate scientific ideas.

Students also complete a survey about their opinions, attitudes and values about science and technology.

Since students complete *VALID Science & Technology 8* on a computer, each student needs to bring **headphones or earbuds** that plug into a school computer. Earbuds for an iPod or portable player are suitable.

If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact your child's school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 12019. Information about each student is treated confidentially and held securely to ensure that the right to privacy of all students is maintained. A personal report for each student will be sent to parents/carers to describe the science knowledge and skills demonstrated by the student in the test. There will also be information about how your child's results compare with overall performance of all students in the test.

The principal of your child's school is able to provide you with more details about the VALID program if you require additional information.

Yours sincerely

Executive Director, Centre for Education Statistics and Evaluation
Department of Education

COOLAMON LIBRARY NEWS

Storytime

Storytime will start again this Friday, 26th October @ 10.30am after a short break over the holidays. Come along to enjoy stories and songs all about "Farms".

Felted Angel

Come along to the Library to make a felted angel just in time for Christmas. All craft materials supplied - cost is FREE. It is held on Tuesday, 30th October @ 10.30am - everyone is most welcome.

Food for Fines

The Library will again be holding the "Food for Fines" campaign at the end of November. Food for Fines offers library members an opportunity to clear their outstanding overdue fines by donating non-perishable food in lieu of money. All collected food will be donated to local charities, who will distribute the food to local families.

Nutrition Snippet

The simplest way

...to save money and improve your health.

Including two serves of fruit and five serves of vegetables in your daily diet can help prevent cancer and save you money too.



Reducing the amount of expensive meat ingredients and increasing the amount of cheaper vegetable ingredients in recipes is a great way to boost your veg intake and reduce the grocery bill.

Try it with:

- Pizza** – limit or avoid processed meats and add more mushrooms, capsicum, onion or leftover roast vegies.
- Stir fries** – reduce the meat and add extra capsicum, broccoli, snow peas and bok choy.
- Bolognese** – use less mince and more grated or chopped carrot, celery and zucchini or add canned lentils or kidney beans.

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



**Everyday Food,
Every Day**

COOLAMON PRESCHOOL

INFORMATION NIGHT FOR 2019 CHILDREN ENROLMENTS

WEDNESDAY 31ST OCTOBER 6PM

**PRESCHOOL EDUCATION IS THE
FIRST STEP IN YOUR CHILD'S
EDUCATION AND STARTS AT 3
YEARS OF AGE.**

**COOLAMON PRESCHOOL
57 LOUGHNAN STREET
69273270**



Coolamon Swim Club Rego afternoon will be on at the Sport and Rec Club Thursday 1st November from 4.00pm - 5.00pm.

Children must be able to swim any style, 25m unaided to join.



COSTS FOR FORTNIGHTLY ADVERTISEMENTS IN THE COOLAMON CENTRAL SCHOOL NEWSLETTER

(Appear once in newsletter)

| | |
|-----------|---------|
| 1/16 page | \$ 5.00 |
| 1/8 page | \$10.00 |
| 1/4 page | \$15.00 |
| 1/2 page | \$20.00 |
| Full page | \$25.00 |

One off free advertisement for non-profit community event
**All payments must be paid prior to placement of the
advertisement**

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The Uniting
Church



**Turtle & Mel
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St Andrew's
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Church,
Coolamon



To keep yourself up to date
on all the great things
happening in our school
community, please like and
share our Facebook page
at 'Coolamon Central
School' or visit our website
at [www.coolamon-
c.school.nsw.edu.au](http://www.coolamon-c.school.nsw.edu.au)



**Education
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c.schools.nsw.gov.au](http://www.coolamon-c.schools.nsw.gov.au)

Principal:

Mr John Beer

Deputy Principal:

Mr Kingsley Ireland

P&C The P&C meet
on the first
Wednesday of
each term. All new parents
are most welcome to
attend. It is a great way to
find out what is happening
at our school and to meet
staff and other parents.